



# KIRKCALDY WALKING FESTIVAL

**31st July - 8th August 2021**

**Local walks led by local organisations**



# Kirkcaldy Walking

## Festival 2021



### Welcome to the Kirkcaldy Walking Festival 2021!

We are so excited to be able to bring you a face-to-face walking festival once again! During the last year, we all realised how important walking is for our mental health and sense of freedom, so let's keep up those positive lockdown habits and get out there exploring together.

We have asked local organisations to lead walks around Kirkcaldy (and nearby) and once again we have been delighted by the support shown by our community! We have a wonderful mix of different themes, including family fun, photo, wildlife, health and historical walks, so hopefully there is something for everyone.

Huge thanks to **Kirkcaldy Civic Society, Tony Wilson, Seafeld Environmental Group, Home-Start Kirkcaldy, Active Fife, Fife Out and About Walking Group** and **The Dance Shack** for signing up as walk leaders.

So what are you waiting for? Turn the page, find a walk, sign up and have an adventure.

**Enjoy!**

**The Greener Kirkcaldy Team**



# Walk Gradings and Walk Information

**We have tried to include something for everyone in the programme, no matter what your ability, age or interest. To help you decide if a walk is suitable for you, we have asked the leaders to grade each walk and provide information using the key below.**

The walk leaders will be following the latest Covid-19 advice for guided walks and will be managing numbers in line with this, so please help them out by ensuring you follow the booking instructions provided. You can also contact walk leaders if you have any questions.

## Walk Gradings

### Easy

Suitable for most levels of fitness (leisurely walk)







### Moderate

Suitable for reasonably fit people

### Energetic












Suitable for more experienced walkers

## Walk Key

	Walking shoes/boots recommended
	Dogs welcome (on a lead)
	Toilet facilities available at the start/end of walk
	Accessible for wheelchair users
	Accessible for pushchairs
	Open to all ages (children must be accompanied)

# Festival Schedule

Please see overleaf for more detail, including how to book.

Date & Time	Walk Name	Organisation	
<b>Saturday 31st July</b> 2pm - 4pm	Seafield Coastal Wildlife and Geology Walk	Tony Wilson (for Greener Kirkcaldy)	 <b>Greener Kirkcaldy</b>
<b>Sunday 1st August</b> 2pm - 4pm	Pathhead Heritage Walk	Kirkcaldy Civic Society	 <b>KIRKCALDY CIVIC SOCIETY</b>
<b>Monday 2nd August</b> 11am - 1pm	Seafield Fun Beach Walk	Seafield Environmental Group	 <b>seafield environmental group</b>
<b>Tuesday 3rd August</b> 11am - 1pm	Seafield Step, Stroll & Snap	Seafield Environmental Group	 <b>seafield environmental group</b>
<b>Wednesday 4th August</b> 11am	Beveridge Park Family Fun Walk	Home-Start Kirkcaldy	 <b>HOME START</b> Kirkcaldy
<b>Wednesday 4th August</b> 1:15pm - 2:15pm	Bums off Seats Health Walk	Bums Off Seats - Active Fife	 <b>BUMS OFF SEATS</b> <small>Fife Walking Initiative</small>
<b>Thursday 5th August</b> 11am - 1pm	Seafield Step, Stroll & Snap	Seafield Environmental Group	 <b>seafield environmental group</b>
<b>Saturday 7th August</b> 10.30am - 12.30pm	Dunnikier Park Walk	Tony Wilson (for Greener Kirkcaldy)	 <b>Greener Kirkcaldy</b>
<b>Saturday 7th August</b> 11am - 1pm	Seafield Fun Beach Walk	Seafield Environmental Group	 <b>seafield environmental group</b>
<b>Sunday 8th August</b> 11:30am - 3:30pm	The Binn: Sea to Summit	Fife Out and About Walking Group	 <b>FIFE OUT AND ABOUT</b>
<b>Sunday 8th August</b> 12pm - 4pm	Woodlands of Kirkcaldy Walk	The Dance Shack	 <b>THE Dance SHACK</b> <small>Mount &amp; Holistic Centre</small>

## Saturday 31st July

### Seafield Coastal Wildlife and Geology Walk

Easy **TIME:** 2pm - 4pm | **LED BY:** Tony Wilson on behalf of Greener Kirkcaldy

A walk along the coast at Seafield looking at the geology and coastal wildlife of the Forth Estuary. Our expert guide Tony Wilson will share stories of the local landscape, search for fossil sea creatures and point out the wildlife that makes the Fife coastline their home. Bring your own binoculars.

**Booking essential** - book online <https://bit.ly/3gC29k8> or call Greener Kirkcaldy 01592 858458.

**Contact:** 07530 159484 or [nefrs@hushmail.com](mailto:nefrs@hushmail.com)

**Start point:** Seafield Car Park, start of Coastal Path.

**Distance:** 2 miles



## Sunday 1st August

### Pathhead Heritage Walk

Easy **TIME:** 2pm - 4pm | **LED BY:** Kirkcaldy Civic Society

This heritage walk wends itself through the streets and alleys of the Pathhead area, taking in the rich history, covering its industrial past as well as its people. This will include access to Pathhead and Sinclairtown Feuers graveyards. Several centuries of history will be covered.

**Booking essential** - email [kirkcaldycivicsociety@gmail.com](mailto:kirkcaldycivicsociety@gmail.com) or text 07753709028 to book your place.

**Contact:** [kirkcaldycivicsociety@gmail.com](mailto:kirkcaldycivicsociety@gmail.com)

**Start point:** Nether Street Car Park, Kirkcaldy

**Distance:** 3 miles



## WALKS

# Monday 2nd August

## Seafield Fun Beach Walk

Moderate 

**TIME:** 11am - 1pm | **LED BY:** Seafield Environmental Group

A fun day at the beach for the whole family and a walk along the beach with a difference! Come and join us to promote the importance of seals in our ecosystem. Participants will splash along the beach like seals – please wear wellies or even bring flippers! There is no competition, so take your time! Located nearby, Seafield Tower is a seal colony that participants can observe at their convenience. Please bring a packed lunch if required, no dogs please.

**Booking essential** - email [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com), direct message on Facebook ([facebook.com/seafieldenvironmentalgroup](https://www.facebook.com/seafieldenvironmentalgroup)) or text only 07788499272.

**Contact:** Text only 07788499272 or [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com)

**Start point:** Seafield beach picnic park near the flagpole

**Distance:** ½ mile



# Tuesday 3rd August

## Seafield Step, Stroll & Snap

Easy 

**TIME:** 11am - 1pm | **LED BY:** Seafield Environmental Group

There is a photo in every step to remind you of an enjoyable day out. Join us to make a memory and photograph the amazing wildlife and scenery of the Seafield Coast, whether you're a keen amateur or a professional or just want to go for a stroll in a beautiful place. Why not involve the whole family and create a special photo album to share? Please bring your own camera or phone and a packed lunch if required.

**Booking essential** - email [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com), direct message on Facebook ([facebook.com/seafieldenvironmentalgroup](https://www.facebook.com/seafieldenvironmentalgroup)) or text only 07788499272

**Contact:** Text only 07788499272 or [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com)

**Start point:** Seafield Beach Picnic Park near the flag pole

**Distance:** 1 mile



## Wednesday 4th August

### Beveridge Park Family Fun Walk

Easy 

**TIME:** 11am | **LED BY:** Home-Start Kirkcaldy

Join us for a Fun Family Walk around Beveridge Park. Meeting at the Lions at the entrance we'll walk once around the park ending at the play area. Each family will be given a sheet with things to spot as they go round with a drink, snack and certificate waiting for you at the end. This walk is for families with pre-school children.

**Booking essential** – call 01592 565285.

**Contact:** 01592 565285 or [homestartkirkcaldy@yahoo.co.uk](mailto:homestartkirkcaldy@yahoo.co.uk)

**Start point:** Beveridge Park Lions, entrance at roundabout Bogily/Abbotshall Road

**Distance:** 1.5 miles



## Wednesday 4th August

### Bums off Seats Health Walk

Moderate 

**TIME:** 1:15pm - 2:15pm | **LED BY:** Bums Off Seats - Active Fife

Health walks are local walks led by trained walk leaders. They are suitable for all using established paths and tracks and run regularly throughout Fife. Provisional location for this walk is Ravenscraig Park, but this has not been confirmed at time of writing. Please visit Active Fife Website for the latest walk schedules (<https://bit.ly/3wElpSu>), including confirmed location on this date. No dogs please.

**Booking information** - Just turn up at the starting point.

**Contact:** [vivienne.mcniven@fife.gov.uk](mailto:vivienne.mcniven@fife.gov.uk)

**Start point:** To be confirmed - visit <https://bit.ly/3wElpSu> for Bums Off Seats July – Sept schedule or email contact above.

**Distance:** 2.5 miles



# Thursday 5th August

## Seafield Step, Stroll & Snap

Easy **TIME:** 11am - 1pm | **LED BY:** Seafield Environmental Group

There is a photo in every step to remind you of an enjoyable day out. Join us to make a memory and photograph the amazing wildlife and scenery of the Seafield Coast, whether you're a keen amateur or a professional or just want to go for a stroll in a beautiful place. Why not involve the whole family and create a special photo album to share? Please bring your own camera or phone and a packed lunch if required.

**Booking essential** - email [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com), direct message on Facebook ([facebook.com/seafieldenvironmentalgroup](https://www.facebook.com/seafieldenvironmentalgroup)) or text only 07788499272.

**Contact:** Text only 07788499272 or [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com)

**Start point:** Seafield Beach Picnic

Park near the flagpole

**Distance:** 1 mile





## Saturday 7th August

### Dunnikier Park Walk

Moderate 

**TIME:** 10:30am - 12:30pm | **LED BY:** Tony Wilson, on behalf of Greener Kirkcaldy

Join former Fife Countryside Ranger, Tony Wilson, for a walk around the woods and pond of Dunnikier Park, looking at the trees, butterflies and pond wildlife to be found there. Bring your own binoculars.

**Booking essential** - book online at <https://bit.ly/3wJ5sM4> or call Greener Kirkcaldy 01592 858458.

**Contact:** 07530159484 or [nefrs@hushmail.com](mailto:nefrs@hushmail.com)

**Start point:** Dunnikier Park Golf Course Car Park

**Distance:** 2 miles



## Saturday 7th August

### Seafield Fun Beach Walk

Moderate 

**TIME:** 11am - 1pm | **LED BY:** Seafield Environmental Group

A fun day at the beach for the whole family and a walk along the beach with a difference! Come and join us to promote the importance of seals in our ecosystem. Participants will splash along the beach like seals – please wear wellies or even bring flippers! There is no competition, so take your time! Located nearby, Seafield Tower is a seal colony that participants can observe at their convenience. Please bring a packed lunch if required, no dogs please.

**Booking essential** - email [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com), direct message on Facebook ([facebook.com/seafieldenvironmentalgroup](https://www.facebook.com/seafieldenvironmentalgroup)) or text only 07788499272.

**Contact:** Text only 07788499272

or [seafieldenvironmentalgroup@mail.com](mailto:seafieldenvironmentalgroup@mail.com)

**Start point:** Seafield beach picnic park near the flagpole

**Distance:** ½ mile



## Sunday 8th August

### The Binn: Sea to Summit

**Energetic** 

**TIME:** 11.30am - 3.30pm | **LED BY:** Fife Out and About Walking Group

Setting out from Kinghorn we will enjoy a beach walk across Pettycur Sands to Burntisland. From here we ascend the 193m Binn for fantastic views over the Firth of Forth. Our return route includes the remains of Binn village and the lovely Kinghorn Loch. Over 16s only please, under 18s must be accompanied by an adult. Please bring a packed lunch and drink and bring appropriate clothing. There are toilet facilities available mid-walk at Burntisland.

**Booking essential** – email [fifeoutandabout@outlook.com](mailto:fifeoutandabout@outlook.com)

**Contact:** [fifeoutandabout@outlook.com](mailto:fifeoutandabout@outlook.com)

**Start point:** Kinghorn war memorial, High Street / Rossland Place

**Distance:** 7 miles, with 200m ascent.



## Sunday 8th August

### Woodlands of Kirkcaldy Walk

**Energetic** 

**TIME:** 12 noon - 4pm | **LED BY:** The Dance Shack

We will be walking over rough terrain through woodland areas, so best to wear walking shoes/boots. The walk is quite long so please bring plenty of snacks and refreshments, though there will be a short break midway. This walk is best suited for intermediate walkers.

**Booking information** - Booking preferred, but can also just turn up. Email or Direct message Facebook ([facebook.com/TheDanceShackCentre](https://www.facebook.com/TheDanceShackCentre)) to book

**Contact:** [thedanceshack@hotmail.com](mailto:thedanceshack@hotmail.com)

**Start point:** The car park near Morrisons at the end of the Kirkcaldy prom.

**Distance:** 10 miles





**Greener  
Kirkcaldy**

Greener Kirkcaldy is a community-led charity and development trust working locally to combat the climate emergency, tackle fuel poverty and food insecurity, and bring people together for a more sustainable Kirkcaldy. We deliver a range of projects, events and skills training to meet the needs and goals of local people – working towards a future where everyone can live better and tread more lightly on our planet.

Our Walking Festival is part of our Transport project funded by the Scottish Government's Climate Challenge Fund.

Find out more on our website: [www.greenerkirkcaldy.org.uk](http://www.greenerkirkcaldy.org.uk)



**Greener  
Scotland**  
Scottish  
Government

Greener Kirkcaldy is a registered Scottish charity (number SC041412)





**Greener  
Kirkcaldy**

8 East Fergus Place,  
Kirkcaldy, KY1 1XT

**Monday - Tuesday** 9.30am - 4.30pm

**Wednesday** 12pm - 4.30pm

**Thursday - Friday** 9.30am - 4.30pm

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 [@greenerkdy](https://twitter.com/greenerkdy)

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